

2025-2026 Saratoga-Wilton SC Indoor Practice Schedule

Team Name	Practice Times and Locations
U8 Boys White (Akey)	Monday 5:00pm, Afrim's Malta / Thursday 5:00pm, Saratoga Rec Center
U8 Boys Blue (Akey)	Monday 6:15pm, Afrim's Malta / Thursday 6:15pm, Saratoga Rec Center
U8 Girls White (Akey)	Tuesday 5:00pm, Afrim's Malta / Friday 5:00pm, Saratoga Rec Center
U8/9 Girls Blue (Gellers)	Wednesday 6:15pm, Afrim's Malta / Friday 5pm, Saratoga Rec Center
U9 Boys Blue (Quinn/Mahoney)	Monday 5:00pm, ADK Afrim's Dome / Wednesday 5:00pm, ADK Afrim's Dome, (Optional - Friday, 6:15pm, Saratoga Rec Center)
U9/10 Boys White (Mahoney/Nelson)	Wednesday 5:30pm, Skidmore Gym / Friday, 5:00pm, Afrim's Malta
U9/10 Girls (Akey)	Tuesday 6:15pm, Afrim's Malta / Friday 6:15pm, Saratoga Rec Center
U10 Boys Blue (Quinn/Alex)	Monday 6:15pm, ADK Afrim's Dome / Wednesday 6:15pm, ADK Afrim's Dome (Optional - Friday, 6:15pm, Saratoga Rec Center)
U11 Girls (London/Rogan)	Wednesday 5:00pm, ADK Afrim's Dome / Thursday 5:00pm, ADK Afrim's Dome
U11 Boys Blue (Millers)	Monday 5:30pm, ADK Afrim's Dome / Wednesday 6:15pm, ADK Afrim's Dome
U11 Boys White (Jardim/Rogan)	Monday 5:00 PM, ADK Afrim's Dome / Thursday 5:00 PM, Afrim's Malta
U12 Girls (Rice/Querbes)	Monday 6:15 PM, ADK Afrim's Dome / Thursday 5:00 PM, ADK Afrim's Dome
U12 Boys Blue (Natola/Haight)	Monday 5:00 PM, ADK Afrim's Dome / Wednesday 5:00 PM, ADK Afrim's Dome
U12 Boys White (Kyrklenko/Baldwin)	Wednesday 5:00pm, ADK Afrim's Dome / Thursday 6:15pm, Afrim's Malta
U13/14 Girls (Quinn/Dempsey)	Tuesday 6:15pm, ADK Afrim's Dome / Thursday 5:00pm, ADK Afrim's Dome, (Optional - Friday, 7:30pm, Saratoga Rec Center)
U13 Boys Blue (Roca/Alex)	Tuesday 5:00pm, ADK Afrim's Dome / Wednesday 6:15pm, ADK Afrim's Dome, (Optional - Friday, 7:30pm, Saratoga Rec Center)
U13 Boys White (Roswess)	Tuesday 5:00pm, ADK Afrim's Dome / Wednesday 5:00pm, ADK Afrim's Dome, (Optional - Friday, 7:30pm, Saratoga Rec Center)
U14 Boys Blue (London/Roswess)	Monday, Afrim's Malta, 7:30pm / Wednesday 6:15pm, ADK Afrim's Dome / Thursday 6:15pm, ADK Afrim's Dome
U14 Boys White (Feteke)	Wednesday 7:30pm, Afrim's Malta / Thursday 6:15pm, ADK Afrim's Dome, (Optional - Friday, 7:30pm, Saratoga Rec Center)
U15 Girls (Lemos/Hotaling)	Tuesday 6:15pm, ADK Afrim's Dome / Thursday 7:30pm, ADK Afrim's Dome
U15 Boys Blue (MacDonald/Siebeneck)	Monday 7:30pm, ADK Afrim's Dome / Wednesday 7:30pm, ADK Afrim's Dome / Friday 6:15pm, Afrim's Malta
U15-16 Boys White (Lopez/Jackson)	Tuesday 7:30pm, Afrim's Malta / Wednesday 6:15pm, ADK Afrim's Dome
U16 Girls (Lemos)	Tuesday 7:30pm, ADK Afrim's Dome / Thursday 7:30pm, ADK Afrim's Dome
U16 Boys Blue (MacDonald/Natola)	Monday 6:15pm, ADK Afrim's Dome / Wednesday 7:30pm, ADK Afrim's Dome / Friday 7:30pm, Afrim's Malta
U19 Girls (Roca/Owens)	Monday 7:30pm, ADK Afrim's Dome / Tuesday 7:30pm, ADK Afrim's Dome
U17 Boys (Kyrklenko/Shelley)	Wednesday 7:30pm, ADK Afrim's Dome / Thursday 7:30pm, Afrim's Malta
U18 Boys (Lopez/Cogan)	Monday 7:30pm, ADK Afrim's Dome / Wednesday 7:30pm, ADK Afrim's Dome